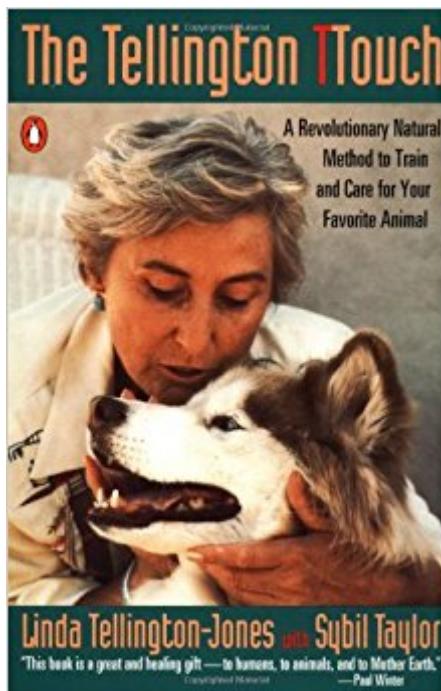


The book was found

# The Tellington TTouch : A Revolutionary Natural Method To Train And Care For Your Favorite Animal



## **Synopsis**

Distinguished animal trainer Linda Tellington-Jones combines her extraordinarily successful experiences performing the Tellington TTouch with solid how-to advice that anyone can use on dogs, cats, horses, birds, even reptiles and exotic animals to show how to release the pain, fear, and tension so many animals suffer. Photos & line drawings.

## **Book Information**

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## **Customer Reviews**

Tellington-Jones, an animal handler, here collaborates with Taylor (The Last Run) to explain the "TTouch"sic as a simple therapeutic animal-handling technique--"You make circles holding your fingertips, your fingers, or your hand in various positions using varying pressures"--that produces diverse results. To judge from the author's work since 1976 with assorted species (cats, dogs, horses, farm animals, exotics, even reptiles), the TTouch can dramatically alter animal behavior and "problem" personalities, speed up healing, alleviate pain, relieve tension and allow the animal and its keeper to work as a sensitive, cooperative team. Used in conjunction with positive "visualization" and techniques for mind-body realignment meant to change keepers' attitudes toward themselves as well as animals, the TTouch appears to engage not only practical but mystical bodywork, encouraging more intuitive communication between animals and humans. Tellington-Jones stresses that animals are not "lesser" creatures fit for domination; rather, they are complex emotional beings with whom we can live with mutual trust and pleasure. Entertaining and often moving, the manual may well inspire many to try the technique. Illustrations not seen by PW. Copyright 1992 Reed Business Information, Inc. --This text refers to an out of print or unavailable edition of this title.

Tellington-Jones, now in her 70s, has been connecting to animals all her life. Born Linda Ann Hood, she rode horseback to school in rural Alberta, Canada for the first six years and taught riding at age 13. She and her six siblings were famous at horse shows where they became known as the "Riding Hoods." Her grandfather, whose credentials included training racehorses for Czar Nicholas II in Russia, taught her a system of equine massage he had learned from Russian Gypsies. His influence and training plus her natural brilliance and experience with horses gave Linda an amazing ability to communicate with all animals. She married Wentworth Tellington and later Birchell Jones, both of whom were skilled horsemen. Both marriages were partnerships in riding, teaching, and equine research and publication. The couples won many awards and became well-respected experts. In 1975, Tellington-Jones began training with Moshe Feldenkrais and combined his human bodywork method with Russian horse massage to form the now famous Tellington Touch Method. This book is about using that method with any animal. Moreover, it is a beautifully written, fascinating, and wondrous story of her experiences with all kinds of animals -- farm animals, wild animals, animals in zoos, and with fish, birds, and even reptiles -- as professional consultant and in her personal life. Author Barry Lopez says: "What we do to animals troubles us . . . and our loss of contact with them leaves us mysteriously bereaved." Tellington-Jones has made that contact and masterfully demonstrates how we might as well. She approaches animals as complex emotional beings with whom we can live in mutual trust. In response, the animals are healed of physical pains and problem behaviors. Tellington-Jones also experiences intuitive communication with every kind of animal. I thoroughly enjoyed this inspiring book.

I have found that animals get de-sensitized to basic petting and affection. I tried some of these techniques on my pets and it works. My pets really fight for my lap and attention. Highly recommend this book.

Excellent...we use this technique with our shelter dogs

Any means of teaching and working with a horse that is kind, gentle and gets results is a good thing. I apply much of it to my dogs as well.

I have a hyper terrier that has learned to enjoy the Tellington TTouch. I'm no pro after reading this book, and I'm not sure if I believe all their claims. I do know that if I use it on my Max I can put him to

sleep with it. When we first got him he didn't feel comfortable with his hindquarters being touched. Since I have been using the TTouch he is much more relaxed in that area. I use it on his gums, too. He needs to chew a lot. I don't know if it helps, but he sure doesn't mind it.

T TOUCH I HAVE TWO GREAT BOOKS AND THEY BOTH SHOW HOW TO WORK WITH HORSES.DOGS,CATS AND LIKE I SAID I HAVE USED ON MY IGUANAS AND EVEN MY SELF FOR A HEAD ACHE.I REALLY LOVED WATCHING THE TV SHOW HEARTLAND SO GET THESE BOOKS AND WATCH THE SHOW AND LEARN AND DON'T NEGLECT IT IF YOU HAVE THE GIFT.THXMEDICINE

Interesting read, not as wonderful as I'd hoped.

Although there are subsequent (expensive, color, hardback) spin-off books on individual animals, this is the one I keep buying and giving to friends and vets. It's a great re-read for me as well.

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